

| Sunday                                                                                                                                                                                                                       | Monday                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                      | Friday                                                                                                                                                                                        | Saturday                                                                                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                              |                                                                                                                                                                                                                 | <div>1</div> 10:00 Daily Chronicles<br>10:30 Fill in the ____<br>11:00 Bean Bag Toss<br>1:00 Table Time<br>2:00 ENTERTAINMENT: Ann Lanphear (L2)<br>3:30 Social Hour<br>4:00 Musical Noodle Chairs                 | <div>2</div> 10:00 Daily Chronicles<br>10:30 Wellness Wednesday<br>11:00 Word Association<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Tom Sheehan (CR)<br>3:30 Social Hour<br>4:00 Parachute Games | <div>3</div> 10:00 Daily Chronicles<br>10:30 Trivia<br>11:00 Balloon Volleyball<br>1:00 Table Time<br>2:15 John Clark's American Songbook (CR)<br>3:30 Social Hour<br>4:00 Shooting Hoops                                     | <div>4</div> 10:00 Cross Words (CR)<br>10:30 Chair Zumba (CR)<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Josef Nocera (CR)<br>3:30 Social Hour<br>4:00 Big Ball Games                          | <div>5</div> 10:00 Ten Pin Bowling<br>11:00 Weekend Chat<br>1:00 Table Time<br>1:45 BINGO!!<br>3:30 Social Hour<br>4:00 Music & Manicures                            |
| <div>6</div> 10:00 Daily Chronicles<br>10:30 Sunday Stretch<br>11:00 Chair Drumming & Music<br>1:00 Table Time<br>2:00 Canvas Painting<br>3:30 Social Hour<br>4:00 Balloon Volleyball                                        | <div>7</div> 10:00 Daily Chronicles<br>10:30 Leg Day<br>11:00 Big Ball Games<br>1:00 Table Time<br>2:00 Fall Door Decorations<br>3:30 Social Hour<br>4:00 Bowling<br><br>Labor Day                              | <div>8</div> 10:00 Daily Chronicles<br>10:30 Music & Movement With Melissa (L3)<br>1:00 Table Time<br>2:00 Paper Lanterns for Sukkot<br>3:30 Social Hour<br>4:00 Musical Noodle Chairs                             | <div>9</div> 10:00 Daily Chronicles<br>10:30 Cross Words<br>11:00 Word Opposites<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Barry Scott (CR)<br>3:30 Social Hour<br>4:00 Parachute Games          | <div>10</div> 9:00 Blood Pressure Clinic by LLVNA<br>10:30 Exercise Video<br>11:00 Trivia<br>1:00 Table Time<br>2:00 Scenic Drive<br>2:00 BINGO!!!<br>3:30 Social Hour<br>4:00 Shooting Hoops                                 | <div>11</div> 10:00 Cross Words (CR)<br>10:30 Chair Zumba (CR)<br>1:00 Table Time<br>2:00 Family Feud<br>3:30 Social Hour<br>4:00 Big Ball Games<br><br>Rosh Hashanah Begins                  | <div>12</div> 10:00 Ten Pin Bowling<br>11:00 Trivia<br>1:00 Table Time<br>1:45 BINGO!!<br>3:30 Social Hour<br>4:00 Music & Manicures                                 |
| <div>13</div> 10:00 Daily Chronicles<br>10:30 Sunday Stretch<br>11:00 Chair Drumming & Music<br>1:00 Table Time<br>2:00 Coloring & Music<br>3:30 Social Hour<br>4:00 Balloon Volleyball<br><br>Rosh Hashanah Ends at Sundown | <div>14</div> 10:00 Daily Chronicles<br>10:30 Leg Day<br>11:00 Big Ball Games<br>1:00 Table Time<br>2:00 BINGO!!<br>3:30 Social Hour<br>4:00 Bowling                                                            | <div>15</div> 10:00 Daily Chronicles<br>10:30 Word Categories<br>11:00 Lasso Golf<br>1:00 Table Time<br>2:00 Birthday Party with Steve O'Connell (L2)<br>3:00 Birthday Cupcakes<br>4:00 Musical Noodle Chairs      | <div>16</div> 10:00 Daily Chronicles<br>10:30 Wellness Wednesday<br>11:00 Who am I?<br>1:00 Table Time<br>2:00 ENTERTAINMENT: Robin Healey (L3)<br>3:30 Social Hour<br>4:00 Parachute Games      | <div>17</div> 10:00 Daily Chronicles<br>10:30 Arts of Gold (L3)<br>1:00 Table Time<br>2:15 ENTERTAINMENT: John and Linda Poirier (CR)<br>3:30 Social Hour<br>4:00 Shooting Hoops                                              | <div>18</div> 10:00 Cross Words (CR)<br>10:30 Chair Zumba (CR)<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Jody Ebling (CR)<br>3:30 Social Hour<br>4:00 Big Ball Games                          | <div>19</div> 10:00 Ten Pin Bowling<br>11:00 Weekend Chat<br>1:00 Table Time<br>1:45 BINGO!!<br>3:30 Social Hour<br>4:00 Music & Manicures<br><br>Oktoberfest Begins |
| <div>20</div> 10:00 Daily Chronicles<br>10:30 Sunday Stretch<br>11:00 Chair Drumming & Music<br>1:00 Table Time<br>2:00 Q-Tip Art<br>3:30 Social Hour<br>4:00 Balloon Volleyball<br><br>Yom Kippur Begins                    | <div>21</div> 10:00 Daily Chronicles<br>10:30 Move it or Lose it with LLVNA<br>11:00 Big Ball Games<br>1:00 Table Time<br>2:00 Fall Leaves<br>3:30 Social Hour<br>4:00 Bowling                                  | <div>22</div> 10:00 Daily Chronicles<br>10:30 Music & Movement With Melissa (L3)<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Smokin' Joe (CR)<br>3:30 Social Hour<br>4:00 Musical Noodle Chairs<br><br>Autumn Begins | <div>23</div> 10:00 Daily Chronicles<br>10:30 Wellness Wednesday<br>11:00 Name the Tune<br>1:00 Table Time<br>2:00 BINGO!!<br>3:30 Social Hour<br>4:00 Parachute Games                           | <div>24</div> 10:00 Daily Chronicles<br>10:30 Riddles & Jokes<br>11:00 Thursday Trivia<br>1:00 Table Time<br>1:30 Fall Prevention Presentation by LLVNA<br>2:00 Fall Autumn Chimes<br>3:30 Social Hour<br>4:00 Shooting Hoops | <div>25</div> 10:00 Cross Words (CR)<br>10:30 Chair Zumba (CR)<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Steve O'Connell (CR)<br>3:30 Social Hour<br>4:00 Big Ball Games<br><br>Sukkot Begins | <div>26</div> 10:00 Ten Pin Bowling<br>11:00 Trivia<br>1:00 Table Time<br>1:45 BINGO!!<br>3:30 Social Hour<br>4:00 Music & Manicures                                 |
| <div>27</div> 10:00 Daily Chronicles<br>10:30 Sunday Stretch<br>11:00 Chair Drumming & Music<br>1:00 Table Time<br>2:00 Sponge Art<br>3:30 Social Hour<br>4:00 Balloon Volleyball                                            | <div>28</div> 10:00 Daily Chronicles<br>10:30 Noodles of Fun Exercise Class with LLVNA<br>11:00 Big Ball Games<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Jimmy Honohan (CR)<br>3:30 Social Hour<br>4:00 Bowling | <div>29</div> 10:00 Daily Chronicles<br>10:30 Hangman<br>11:00 Dice Movement Game<br>1:00 Table Time<br>2:00 ENTERTAINMENT: Tom Smith (L3)<br>3:30 Social Hour<br>4:00 Musical Noodle Chairs                       | <div>30</div> 10:00 Daily Chronicles<br>10:30 Wellness Wednesday<br>11:00 MadLibs<br>1:00 Table Time<br>2:15 ENTERTAINMENT: Alan LaBella (CR)<br>3:30 Social Hour<br>4:00 Parachute Games        | <div>September 2026</div>                                                                                                                                                                                                     |                                                                                                                                                                                               |                                                                                                                                                                      |