



CHELSEA JEWISH LIFECARE
HARRIETT AND RALPH KAPLAN ESTATES
ASSISTED LIVING AND MEMORY SUPPORT

Caregiver Support Group

Hosted By Janice Glick, LICSW
Director of Social Work at Chelsea Jewish Lifecare

This group is for active caregivers, in any amount or capacity, who are caring for someone at all stages of aging

RSVP

Jill Hemeon at
857-337-8850 or email
Jhemeon@legacylifecare.org

2024 Dates:
October 7th
November 4th
December 2nd

We hope to see you there!

SAVE
THE
DATE

**First Monday of
Every Month
3:30pm – 4:30 pm**

**Harriett & Ralph Kaplan Estates
240 Lynnfield St, Peabody, MA 01960
Private Dining Room**

**Participant's Capped at Ten
Light Refreshments Provided
Tours Available**

Our in-person monthly support meetings provide caregivers a forum to connect with one another by sharing common concerns, feelings and needs in a safe, confidential and non-judgmental atmosphere. It's a place where you know that everyone in the group understands your caregiving journey because they are experiencing the same or similar circumstances. In this peer group, each participant is free to share their hardships but also offer potential solutions and suggestions to help fellow members with their own experiences.