



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Ziggy Moller - Entertainer New Years Party 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p> <p>New Year's Day</p>	<p>1</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Ziggy Moller - Entertainer New Years Party 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>2</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Flower sorting 1:00 Hair salon 2:00 Music and Mov w/ Melissa 3:00 Flower Arranging 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>3</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Trivia 1:00 1:1 Visits 2:00 Dan's Documentaries 3:00 Seasonal craft 4:00 Room Visits 6:00 Movie / Spa</p>	<p>4</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Painting with Betsy 11:00 Brain Game 1:00 Manicures 2:00 Bingo 3:00 Helping hands 4:00 Room Visits 6:00 Movie / Spa</p>	<p>5</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Zumba with Paula 11:00 Trivia 1:00 Manicures 2:00 Sing-a-long 3:00 Reminiscing 4:00 Room Visit 6:00 Movie/ Spa</p>	<p>6</p> <p>8:00 Rise and Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Brain Games 2:00 Bingo 3:00 Tabletop Activity 4:00 Room Visits 6:00 Movie/ Hand Spa</p>
<p>7</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Music & Memory 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>8</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Music & Memory 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>9</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Flower Sorting 1:00 Hair Salon 1-3 Flower Arranging 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>10</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Trivia 1:00 Manicures 2:00 Sing Along w/ iN2L 3:00 Aroma therapy w/ Stacey 4:00 Room Visits 6:00 Movie / Spa</p>	<p>11</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Brain Game 1:00 Music & Memory 2:00 Ice Cream Social 3:00 Bingo 4:00 Room Visits 6:00 Movie / Spa</p>	<p>12</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Music therapy w/Carol 11:00 Trivia 1:00 Men's Group 2:00 Tabletop Games 3:00 Dog Visits 4:00 Room Visits 6:00 Movie / Spa</p>	<p>13</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Trivia 1:00 Manicures 2:00 Creative Corner 3:00 Music and Memory 4:00 Room Visits 6:00 Movie / Spa</p>
<p>14</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Music & Memory 3:00 Tabletop Games 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>15</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:30 Art Therapy w/ Erica 2:30 Jimmy Honohan Concert 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p> <p>Martin Luther King Jr. Day</p>	<p>16</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Flower Sorting 1:00 Hair Salon 2:00 Mus and Mov w/ Melissa 3:00 Flower Arranging 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>17</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Trivia 1:00 1:1 Visits 2:00 Dan's Documentaries 3:00 Seasonal craft 4:00 Room Visits 6:00 Movie / Spa</p>	<p>18</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Brain Game 1:00 Manicures 2:00 Bingo 3:00 Helping hands 4:00 Room Visits 6:00 Movie / Spa</p>	<p>19</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Zumba with Paula 11:00 Trivia 1:00 Manicures 2:00 Sing-a-long 3:00 Reminiscing 4:00 Room Visits 6:00 Movie / Spa</p>	<p>20</p> <p>8:00 Rise and Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Brain Games 2:00 Bingo 3:00 Tabletop Activity 4:00 Room Visits 6:00 Movie/ Hand Spa</p>
<p>21</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Music & Memory 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>22</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Music & Memory 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>23</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Flower Sorting 1:00 Hair Salon 1-3 Flower Arranging 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>24</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Trivia 1:00 Manicures 2:00 Arts and Crafts 3:00 Aroma Therapy w/ Stacey 4:00 Room Visits 6:00 Movie / Spa</p>	<p>25</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Brain Game 1:00 Music & Memories 2:00 Bingo 3:00 Helping Hands 4:00 Room Visits 6:00 Movie / Spa</p>	<p>26</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Music therapy w/ Carol 11:00 Trivia 1:00 Men's Group 2:00 Tabletop Games 3:00 Dog Visits 4:00 Room Visits 6:00 Movie / Spa</p>	<p>27</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Trivia 1:00 Manicures 2:00 Creative Corner 3:00 Music and Memory 4:00 Room Visits 6:00 Movie/ Spa</p>
<p>28</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Daily News 1:00 Helping Hands 2:00 Music & Memory 3:00 Tabletop Games 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>29</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Daily News 1:00 Helping Hands 2:00 Brad Ryan -Entertainer/ Birthday Party 3:00 Resident Choice 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>30</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Fun and Fitness 11:00 Flower Sorting 1:00 Hair Salon 1-3 Flower Arranging 4:00 Room Visits 6:00 Movie / Hand Spa</p>	<p>31</p> <p>8:00 Rise & Shine Chat 9:00 Day's Orientation 10:30 Exercise 11:00 Trivia 1:00 1:1 Visits 2:00 Dan's Documentaries 3:00 Seasonal craft 4:00 Room Visits</p>	 <p>JANUARY 2024 BCL- 2ND FLOOR</p>		

Type the name, address, and other information about your community/company here.